




# Cresskill Senior Activity Center February 2026

Mondat	Tuesday	Wednesday	Thursday	Friday
<p>2 <b>9:00 Knitting Crocheting</b>  <b>9:00 HongKong Style Mahjong</b>  <b>11:00 am Strength Training</b>  <i>IN- PERSON/ZOOM</i>                      Password Stephen                      Meeting # 81812557587  <b>12:30 Multimedia</b>                      Art w/Deirdre #4  <b>1:00 pm Book Club # 1</b></p>	<p>3 <b>9:30 am Basic Training</b>  <b>In-Person/ZOOM</b>                      Meeting # 818 1255 7587                      Password <b>Stephen</b>  <b>10:30 FLEX &amp; FIRM</b>  <b>12:00 Men's Poker</b>  <b>1:00 pm Watercolor LESSON # 7</b></p>	<p>4 <b>9:30 am Chair Yoga</b>                      Meeting78737645088Pass yoga  <b>11:00 am Stephen's Mat Class</b>  <b>IN-PERSON or ZOOM</b>                      Meeting 81812557587PassStephen  <b>11:00am French Conversation</b>  <b>12:00 pm Game Day</b>  <b>12:30 Beginner Ukulele lessons</b>  <b>1:00 Ukulele Intermediate</b></p>	<p>5 <b>9:30 American Mahjong</b>  <b>10:00 am Tai Chi</b>  <b>Meeting# 782 9358 9759</b>  <b>Password824244</b>  <b>11 00 am Duplicate Bridge</b>  <b>11:00 am Writing Workshop</b></p>	<p>6 <b>10:00 Pilates IN-PERSON or ZOOM</b>                      Meeting#87023051168 Pass Cresskill  <b>9:00 Italian w/Pete</b>  <b>11:15 am Movin &amp; Grovin w/ Kim</b>                      Meeting# 87023051168 Pass Cresskill  <b>11:30 ART HISTORY W Deirdr</b>  <b>1:00 pm Susan Exercise In-Person/ZOOM</b>                      Meeting #841 3153 9903                      Password 4rVrG7</p>
<p>9 <b>9:00 Knitting Crocheting</b>  <b>9:00 HongKong Style Mahjong</b>  <b>11:00 am Strength Training</b>  <i>IN- PERSON/ZOOM</i>                      Password Stephen                      Meeting # 81812557587  <b>12:30 Multimedia</b>                      Art w/Deirdre #5</p>	<p>10 <b>9:30 am Basic Training</b>  <b>In-Person/ZOOM</b>                      Meeting # 818 1255 7587                      Password <b>Stephen</b>  <b>10:30 FLEX &amp; FIRM</b>  <b>12:00 Men's Poker</b>  <b>1:00 pm Watercolor LESSON # 8</b></p>	<p>11 <b>9:30 am Chair Yoga</b>                      Meeting78737645088Pass yoga  <b>11:00 am Stephen's Mat Class</b>  <b>IN-PERSON or ZOOM</b>                      Meeting 81812557587PassStephen  <b>11:00am French Conversation</b>  <b>12:00 pm Game Day</b>  <b>12:30 Beginner Ukulele lessons</b>  <b>1:00 Ukulele Intermediate</b></p>	<p>12 <b>9:30 American Mahjong</b>  <b>10:00 am Tai Chi</b>  <b>Meeting# 782 9358 9759</b>  <b>Password824244</b>  <b>11 00 am Duplicate Bridge</b>  <b>11:00 am Writing Workshop</b></p>	<p>13 <b>10:00 Pilates IN-PERSON or ZOOM</b>                      Meeting#87023051168 Pass Cresskill  <b>9:00 Italian w/Pete</b>  <b>11:15 am Movin &amp; Grovin w/ Kim</b>                      Meeting# 87023051168 Pass Cresskill  <b>12:00 NOON MOVIE TBD see flyer</b>  <b>1:00 pm Susan Exercise In-Person/ZOOM</b>                      Meeting #841 3153 9903                      Password 4rVrG7</p>
	<p>17 <b>9:30am Basic Training</b>  <b>In-Person/ZOOM</b>                      Meeting # 818 1255 7587                      Password <b>Stephen</b>  <b>10:30 FLEX &amp; FIRM</b>  <b>12:00 Men's Poker</b>  <b>1:00 pm Watercolor LESSON # 9</b></p>	<p>18 <b>9:30 am Chair Yoga</b>                      Meeting78737645088Pas  <b>11:00 am Stephen's Mat Class</b>  <b>IN-PERSON or ZOOM</b>                      Meeting 81812557587PassStephen  <b>11:00am French Conversation</b>  <b>12:00 pm Game Day</b>  <b>12:30 Beginner Ukulele lessons</b>  <b>1:00 Ukulele Intermediate</b></p>	<p>19 <b>9:30 American Mahjong</b>  <b>10:00 am Tai Chi</b>  <b>Meeting# 782 9358 9759</b>  <b>Password824244</b>  <b>11 00 am Duplicate Bridge</b>  <b>11:00 am Writing Workshop</b></p>	<p>20 <b>10:00 Pilates IN-PERSON or ZOOM</b>                      Meeting#87023051168 Pass Cresskill  <b>9:00 Italian w/Pete</b>  <b>11:15 am Movin &amp; Grovin w/ Kim</b>                      Meeting# 87023051168 Pass Cresskill  <b>11:30 ART HISTORY W Deirdr</b>  <b>1:00 pm Susan Exercise In-Person/ZOOM</b>                      Meeting #841 3153 9903                      Password 4rVrG7</p>
<p>23 <b>9:00 Knitting Crocheting</b>  <b>9:00 HongKong Style Mahjong</b>  <b>11:00 am Strength Training</b>  <i>IN- PERSON/ZOOM</i>                      Password Stephen                      Meeting # 81812557587  <b>12:30 Multimedia</b>                      Art Deirdre #6  <b>1:00 pm Book Club # 2</b></p>	<p>24 <b>9:30 am Basic Training</b>  <b>In-Person/ZOOM</b>                      Meeting # 818 1255 7587                      Password <b>Stephen</b>  <b>10:30 FLEX &amp; FIRM</b>  <b>12:00 Men's Poker</b>  <b>1:00 pm Watercolor LESSON # 10</b></p>	<p>4 259:30 am Chair Yoga                      Meeting78737645088Pass yoga  <b>11:00 am Stephen's Mat Class</b>  <b>IN-PERSON or ZOOM</b>                      Meeting 81812557587PassStephen  <b>11:00am French Conversation</b>  <b>12:00 pm Game Day</b>  <b>12:30 Beginner Ukulele lessons</b>  <b>1:00 Ukulele Intermediate</b></p>	<p>26 <b>9:30 -1:30 pm Blood Pressure Screening</b>   <b>NO Mahjong TODAY</b>  <b>10:00 am Tai-Chi</b>  <b>Meeting# 77017432840</b>  <b>Password 824244</b>  <b>11:00 Duplicate Bridge</b>  <b>11:00 Writing Workshop</b></p>	<p>27 <b>10:00 Pilates IN-PERSON or ZOOM</b>                      Meeting#87023051168 Pass Cresskill  <b>9:00 Italian w/Pete</b>  <b>11:15 am Movin &amp; Grovin w/ Kim</b>                      Meeting# 87023051168 Pass Cresskill  <b>12:00 NOON MOVIE TBD see flyer</b>  <b>1:00 pm Susan Exercise In-Person/ZOOM</b>                      Meeting #841 3153 9903                      Password 4rVrG7</p>