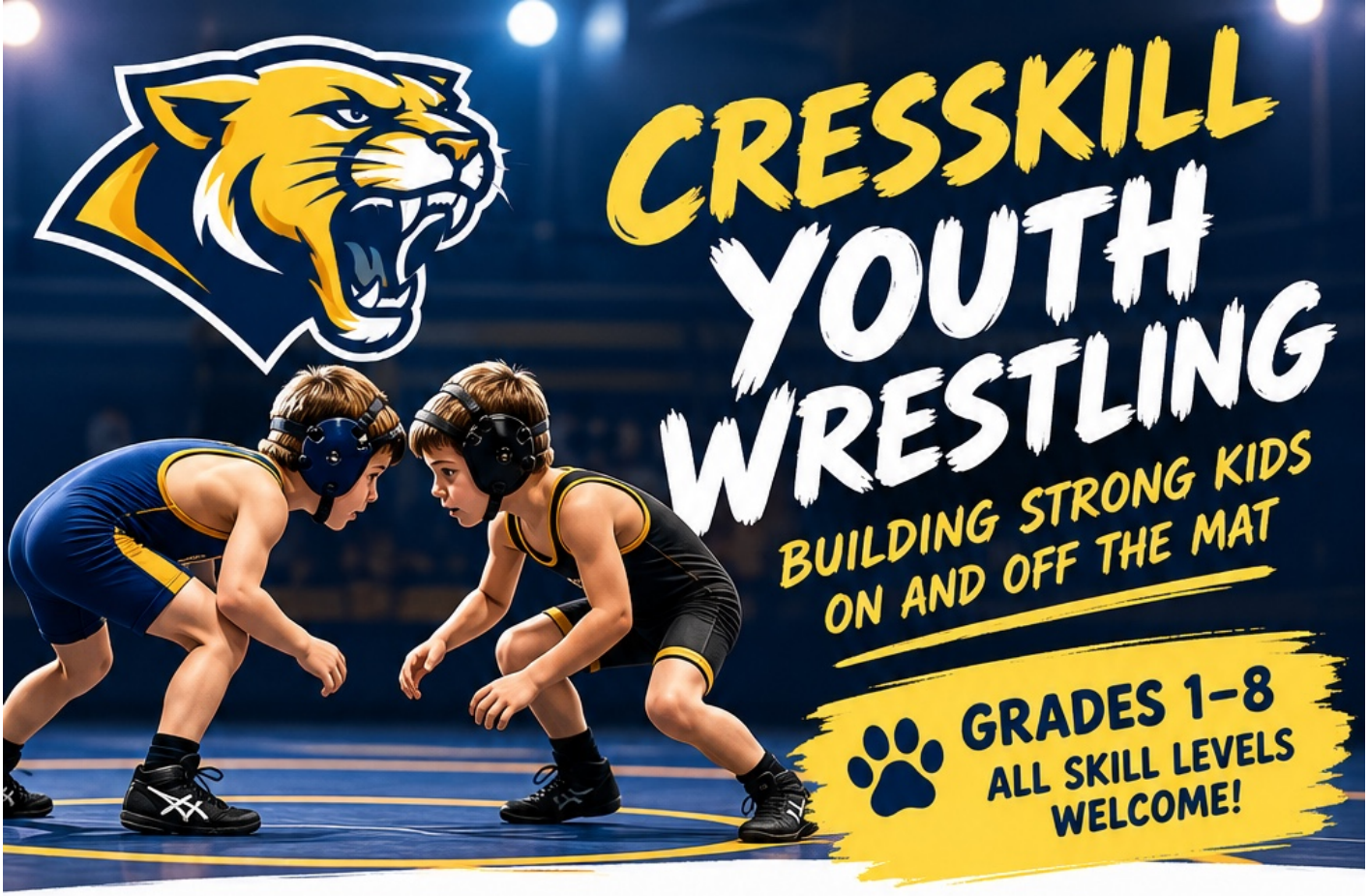

CRESSKILL YOUTH WRESTLING

BUILDING STRONG KIDS ON AND OFF THE MAT

GRADES 1–8
ALL SKILL LEVELS WELCOME!

LEARN & GROW
Rules, techniques & match strategy.

PRACTICES
Mon & Wed • 6–8:30 PM
Cresskill High School
(time may vary)

BUILD CONFIDENCE
Discipline, strength and agility.

MATCHES & TOURNAMENTS
6 Saturday league matches
+ Sunday tournaments
(2nd year & beyond)

FEE: $175
Includes tournament fees, team t-shirt & shorts.
Singlet (uniform) is loaned and must be returned.

YOU PROVIDE
Wrestling shoes & headgear (required).
Mouth-guard if braces.

3RD CHILD DISCOUNT
50% off for your 3rd child!
($87.50 each / Total = $437.50)

COUGAR ROCK & WRESTLE
FEB. 6, 2027 • 4 PM

- **Location:** Cresskill High School
- Food, Music, Matches & More!

REGISTRATION OPENS
MONDAY, OCT. 12 AT 12 PM

CLICK HERE TO REGISTER!

SAME TEAM • SAME FAMILY • COUGAR PRIDE

Questions or more information? malvarez@cresskillboro.org