Cresskill Senior *Activity* Center

Monday	Tuesday	Wednesday	Thursday	Friday
3 *9:00 Hong Kong Style Mahjong* **11:00 am Strength Training** **IN- PERSON/ZOOM** Password Stephen Meeting # 81812557587 *12:30 Multimedia Art w/Deirdre #3* *1:00 pm Book Club # 1* *The Correspondent by Virgina Evans*	4 **9:30 am** Basic Training **In-Person/ZOOM** Meeting # 818 1255 7587 Password **Stephen** **10:30 FLEX & FIRM** **11:00 Men's Poker** *1:00 Watercolor LESSON # 7*	5 *9:00 Hong Kong Style Mahjong* **9:30 am Chair Yoga** Meeting78737645088 Password yoga **11:00 am Stephen's Mat Class** Meeting 81812557587 Pass word Stephen *11:00 am French Conversation* **12:00 pm** Game **Day** *1:00 pm Open Ukulele Jam Session*	6 **9:30 am Mahjong** **10:00 am** Tai-Chi **Meeting#782 9358 9759** **Password 824244** **11 00 am Duplicate Bridge** *6:30 pm Ukulele Jam* *session all welcome to join*	7 *9:00 am Open Conversation Italian* **9:30 am Pilates w/ Kim** Meeting # 87023051168 Pass Cresskill **10:45 am Movin & Grovin w/ Kim** Meeting# 87023051168 Pass Cresskill *11:30 am Art History w/Deirdre* *Andy Warhol's Campell's Soup Can* **1:00 Susan's YMCA Exercise** Meeting #841 3153 9903 Pass4rVrG7
10 *9:00 Hong Kong Style Mahjong* **11:00 am Strength Training** **IN- PERSON/ZOOM** Password Stephen Meeting # 81812557587 *12:30 Last Multimedia Art till September w/Deirdre # 4*	11 **9:30 am** Basic Training **In-Person/ZOOM** Meeting # 818 1255 7587 Password **Stephen** **10:30 FLEX & FIRM** **11:00 Men's Poker** *LAST CLASS FOR SUMMER* *1:00 Watercolor LESSON # 8*	12 *9:00 Hong Kong Style Mahjong* **9:30 am Chair Yoga** Meeting78737645088 Password yoga **11:00 am Stephen's Mat Class** Meeting 81812557587 Password Stephen *11:00 am French Conversation* **12:00 pm** Game **Day** *1:00 pm Open Ukulele Jam Session*	13 **9:30 am Mahjong** **10:00 am** Tai-Chi **Meeting# 782 9358 9759** **Password 824244** **11 00 am Duplicate Bridge** *6:30 pm Ukulele Jam* *session all welcome to join*	14 *9:00 am Open Conversation Italian* **9:30 am Pilates w/ Kim** Meeting # 87023051168 Pass Cresskill **10:45 am Movin & Grovin w/ Kim** Meeting# 87023051168 Pass Cresskill **1:00 Susan's YMCA Exercise** Meeting #841 3153 9903 Password 4rVrG7
17 *9:00 Hong Kong Style Mahjong* **11:00 am Strength Training** **IN- PERSON/ZOOM** Password Stephen Meeting # 81812557587 *1:00 pm Book Club # 2* *Middletide By Sarah Crouch*	18 **9:30 am** Basic Training **In-Person/ZOOM** Meeting # 818 1255 7587 Password **Stephen** **10:30 FLEX & FIRM** **11:00 Men's Poker**	19 *9:00 Hong Kong Style Mahjong* **9:30 am Chair Yoga** Meeting78737645088 Password yoga **11:00 am Stephen's Mat Class** Meeting 81812557587 Password Stephen *11:00 am French Conversation* **12:00 pm** Game **Day** *1:00 pm Open Ukulele Jam Session*	20 **9:30 am Mahjong** **10:00 am** Tai-Chi **Meeting#782 9358 9759** **Password 824244** **11 00 am Duplicate Bridge** *6:30 pm Ukulele Jam* *session all welcome to join*	21 *9:00 am Open Conversation Italian* **9:30 am Pilates w/ Kim** Meeting # 87023051168 Pass Cresskill *11:30 am Art History w/Deirdre* *Jackson Pollock's* *One Number 31, 1951* **10:45 am Movin & Grovin w/ Kim** Meeting# 87023051168 Pass Cresskill *NO Susan's YMCA TODAY*
24 *9:00 Hong Kong Style Mahjong* **11:00 am Strength Training** **IN- PERSON/ZOOM** Password Stephen Meeting # 81812557587	25 **9:30 am** Basic Training **In-Person/ZOOM** Meeting # 818 1255 7587 Password **Stephen** **10:30 FLEX & FIRM** **11:00 Men's Poker**	26 *9:00 Hong Kong Style Mahjong* **9:30 am Chair Yoga** Meeting78737645088 Password yoga **11:00 am Stephen's Mat Class** Meeting 81812557587 Password Stephen *11:00 am French Conversation* **12:00 pm** Game **Day** *1:00 pm Open Ukulele Jam Session*	27 *9:30 -1:30 pm* *Blood Pressure Screening* *NO MAHJONG TODAY* **10:00 Tai Chi** IN-PERSON or ZOOM **Meeting #782 9358 9759** Pass 824244 **11 00 am Duplicate Bridge** *6:30 pm Ukulele Jam* *Session all welcome to join*	28 *9:00 am Open Conversation Italian* **9:30 am Pilates w/ Kim** Meeting # 87023051168 Pass Cresskill **10:45 am Movin & Grovin w/ Kim** Meeting# 87023051168 Pass Cresskill *NO Susan's YMCA TODAY* *Please Note next week on Zoom only*
31 *9:00 Hong Kong Style Mahjong* **11:00 am Strength Training** **IN- PERSON/ZOOM** Password Stephen Meeting # 81812557587				

August